



The Evangelization Examen

How well did you do as an evangelizing disciple? Review your day. Make sure you did at least one activity in each of the three areas of evangelization today.

HEAL

- How can we, as disciples, embrace our imperfections and sinfulness as a path to reuniting ourselves with those who feel excluded from the Church?
- Did I invite someone to join in a group that I am a part of?
- Did I welcome interruptions or complaints from others?
- Did I listen attentively to other people's stories?
- Did I seek to recognize the suffering behind a person's words and actions?
- Did I show someone in a time of need that I am there for them?
- Did I stand up against someone who excluded or insulted others?
- Did I practice a corporal or spiritual work of mercy?
- Did I talk about a specific "inevitable event" at my parish?
- Did I remind myself, today, that I am loved by God?
- Was I open to others about who I really am or shut myself off in fear of rejection?
- Did I engage in conversation with someone today who I do not always get along with?
- Did I engage in my daily prayer practice today?

PROCLAIM

- Did I share a personal story that expresses God's love for me?
- Did I show someone why we believe what we believe?
- When I talked about religion, did I make it clear that Jesus loves us, he died for us, and he is with us today?
- Did I read or share a story about the saints in order to show the power of sacrificial love?
- Did I proclaim the power of sacrificial love in the way I lived today?
- Did I live a life of "evangelical simplicity" today?
- Did I make sacrifices for others with the "joy of the Gospel"?
- Did I put the glory of God before my own desire for glory?
- In my preaching and teaching today, did I share a simple, easy-to-remember message?
- Did I practice what I preach today?
- Did I seek the help of the Holy Spirit in my ministry and outreach today?

TEACH

- Did I encourage someone to *want* to learn more about the Catholic faith?
- Did I encourage someone to ask honest questions about our beliefs or did I provide black and white answers?
- Did I encourage my own curiosity and research answers to theological questions?
- Did I seek to make disciples or theologians in the way that I taught today?
- Did I talk about God as an abstract idea or someone with whom we can have a relationship?
- If I taught a lesson today, did I clearly choose between an inductive or deductive approach?
- In responding to opposition to Catholic teachings, did I courageously defend the faith without getting defensive?

Find more tools for evangelization at healproclaimteach.com

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