80/20 Analysis	Worksheet:	
J		

80/20 Principle: "80% of the outputs result from 20% of the inputs" GOAL: Find inefficiencies and eliminate them, find strengths and multiply them

Date:

20% Activities = 80% Stress	20% Activities = 80% Results, Happiness
What is stressing me out?	What is making me happy? What has been successful?
•	•
•	•
•	•
Add to Not To Do List:	Add to Project Lists/To Do Lists
•	•
•	•